

CARE Data, Tally Sheet Survey, and Tally 2.0

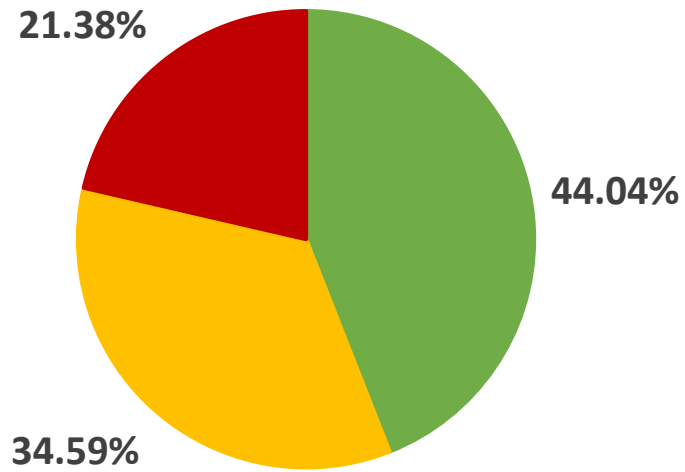


2018 CARE Data

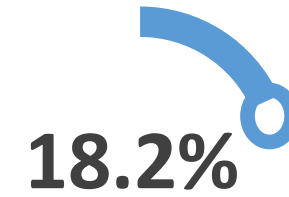
Participation Totals				
Month	Total Education Encounters	New Participants	Returning Participants	Percent Returning Participants
January	8664	3297	5367	61.95%
February	11723	5089	6634	56.59%
March	20082	12588	7494	37.32%
April	6706	3883	2823	42.10%
May	8186	2803	5383	65.76%
June	8919	3421	5498	61.64%
July	7074	2387	4687	66.26%
August	7717	2572	5145	66.67%
September	7678	2362	5316	69.24%
October	8787	3043	5744	65.37%
November	6246	1788	4458	71.37%
December	6045	1684	4361	72.14%
TOTAL 2018	107,826	44,926	62,900	58.33%

2018 CARE Data

BP Color Zones



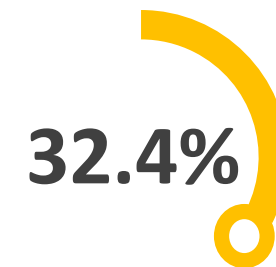
- Green Color Zone
- Yellow Color Zone
- Red Color Zone



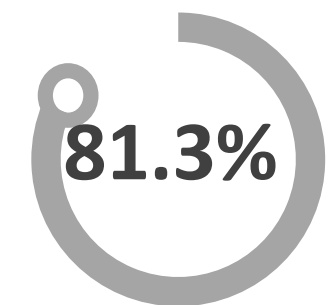
Improved to
Green or Yellow



Improved After
Starting
Medication



Made Lifestyle
Change

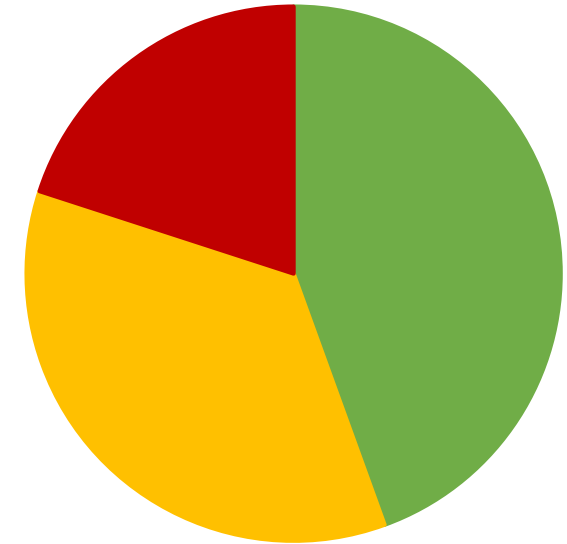


Identify BP Color
Zone

2019 YTD CARE Data

- Total Educational Encounters:
34,251 (preliminary including May)
- Total Returning Participants: 20,229
59.1%
- Able to ID BP Color Zone: 95.0%

BP Color Zones



- CURRENT Participant In Green Color Zone
- CURRENT Participant In Yellow Color Zone
- CURRENT Participant in Red Color Zone

CARE Tally Sheet Survey

- KASH Action Item for Quality Improvement Plan
- 15 minute phone interviews with CARE Coaches
- General Questions:
 - How the tally sheet is currently used by that partner
 - How tally sheet could be improved
 - How the CARE educational encounter is conducted at that location
 - Others, as they arise
- 12 coaches participated

Thank you to those who participated and to all those helping with the CARE quality improvement process!

Tally Sheet Survey Results

Summary

1. There is a difference in how the encounter is done for new and returning participants and how data should be collected
2. Returning participants do not always remember their previous BP color zone
3. Coaches expressed an interest in expanded options for lifestyle changes

Tally Sheet Survey Results

1. There is a difference in how the encounter is done for new and returning participants and how data should be collected
→ **Separate new and returning participants on the tally and analyze data separately**
2. Returning participants do not always remember their previous BP color zone
→ **Remove previous BP color zone from the tally and work with Coaches to emphasize remembering zone during encounters**
3. Coaches expressed an interest in expanded options for lifestyle changes
→ **Currently we are unable to have options for lifestyle changes and collect data cleanly but thinking about it for future updates**

Updated CARE Tally Sheet

- Fewer questions
- ½ page for easier use
- Separate columns for new or returning participants
- Standard (JNC7) and Optimal (AHA) blood pressure zone versions

Standard – CARE Collaborative
Blood Pressure Tally Worksheet

Date:		Location:		CARE Coach:	
NEW PARTICIPANTS			RETURNING PARTICIPANTS		
CURRENT Blood Pressure Color Zone			CURRENT Blood Pressure Color Zone		
Green Zone Normal < 120/80	Yellow Zone Caution 120-139/80-89	Red Zone High ≥ 140/90	Green Zone Normal < 120/80	Yellow Zone Caution 120-139/80-89	Red Zone High ≥ 140/90
Was participant able to correctly identify BP Color Zone?			Was participant able to correctly identify BP Color Zone?		
YES		NO	YES		NO
Use this section for taking notes.			Did CURRENT blood pressure improve from PREVIOUS?		
			YES	NO	Unknown
			Has participant made any lifestyle change since last CARE encounter?		
YES		NO			



Tally Sheet 2.0
Revised June 2019



Standard – CARE Collaborative Blood Pressure Tally Worksheet



Date:			Location:			CARE Coach:		
NEW PARTICIPANTS				RETURNING PARTICIPANTS				
CURRENT Blood Pressure Color Zone				CURRENT Blood Pressure Color Zone				
Green Zone Normal < 120/80	Yellow Zone Caution 120-139/80-89	Red Zone High ≥ 140/90		Green Zone Normal < 120/80	Yellow Zone Caution 120-139/80-89	Red Zone High ≥ 140/90		
Was participant able to correctly identify BP Color Zone?				Was participant able to correctly identify BP Color Zone?				
YES		NO		YES		NO		
Use this section for taking notes.				Did CURRENT blood pressure improve from PREVIOUS?				
				YES		NO		Unknown
				Has participant made any lifestyle change since last CARE encounter?				
YES			NO					



Tally Sheet 2.0
Revised June 2019



CARE Data Issues – Lifestyle Changes

Participation Totals

Returning Participants Improvements

Month	Total Education Encounters	Percent Returning Participants	Percent Returning Improved to Green or Yellow	Percent Returning Improved After Starting Medication	Percent Returning Made Lifestyle Change
January	8664	61.95%	11.07%	5.40%	15.24%
February	11723	56.59%	17.50%	8.55%	29.74%
March	20082	37.32%	21.02%	17.63%	127.20%
April	6706	42.10%	30.71%	23.80%	56.68%
May	8186	65.76%	17.15%	9.83%	15.85%
June	8919	61.64%	17.84%	8.53%	29.52%
July	7074	66.26%	20.20%	9.77%	14.32%
August	7717	66.67%	16.87%	8.36%	11.97%
September	7678	69.24%	17.40%	8.84%	14.54%
October	8787	65.37%	17.48%	6.58%	14.54%
November	6246	71.37%	16.89%	8.05%	12.18%
December	6045	72.14%	19.01%	7.75%	12.75%
TOTAL 2018	107,826	58.33%	18.17%	9.99%	32.42%

CARE Data Issues – ID BP Color Zone

% of Total Current Participants that CAN Identify BP Zone for 2018 TOTAL	
No Adjustments	81.3%
Remove Mistakes (over 100%)	80.5%
+ Remove less than 10%	89.3%
+ Remove less than 40%	90.0%
+ Remove less than 75%	92.3%
+ Remove less than 80%	93.7%

KASH: Help with Next Steps

Brainstorm and write down with your group:

1. How can HDSP improve training/communication/instructions so data mistakes are less likely to happen?
2. How can Coaches help participants remember their BP color zone between educational encounters? Help participants be able to recognize if there is a drastic change that needs medical attention.
3. Create a list of activities that might count as lifestyle changes – to be used as a CARE tool during encounters to give coaches and participants new ideas.