

WHEN IT COMES TO STROKE, IT'S OK TO OVERREACT

KNOWING THE 10 SIGNS AND SYMPTOMS COULD
MAKE ALL THE DIFFERENCE FOR A LOVED ONE



911,
I think my
husband is
having a
stroke

IF YOU SUSPECT STROKE, CALL 911 IMMEDIATELY

Every 40 seconds,



someone in the U.S.
has a stroke

Stroke is the

5th

leading cause of death
for Americans

STROKE RISK FACTORS WITHIN YOUR CONTROL

Making healthy lifestyle choices can help reduce a loved one's risk of stroke



HEALTHY DIET & EXERCISE



LIMITED ALCOHOL



NO SMOKING

For more information, please visit strokeawareness.com

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When It Comes to Stroke, It's Ok to Overreact

Learn to Recognize 10 Signs of Stroke and Act with Urgency

In the United States, a stroke occurs every 40 seconds.¹ It is the leading cause of long-term disability and the fifth leading cause of death for Americans.¹

A stroke can happen to anyone at any time and waiting to see if the symptoms go away is not an option.² Knowing the 10 signs and symptoms of stroke can make all the difference for a loved one.

If you suspect stroke, call 911 immediately. Hesitation and fear cost time. The sooner you notice the signs of stroke and call 911, the better the chance for treatment and recovery.³

A sudden onset of the following may indicate stroke and early detection of the symptoms is critical:

1. Confusion
2. Difficulty Understanding
3. Dizziness
4. Loss of Balance
5. Numbness
6. Severe Headache
7. Trouble Speaking
8. Trouble Walking
9. Vision Changes
10. Weakness⁴

To learn more about stroke and how to recognize all 10 signs and symptoms, visit strokeawareness.com for additional information.

From Genentech, a member of the Roche Group. Genentech is committed to stroke education and awareness.

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1. Stroke Facts. Retrieved March 23, 2018 from <https://www.cdc.gov/stroke/facts.htm>
 2. What is Stroke? Retrieved March 23, 2018 from <http://www.stroke.org/understand-stroke/what-stroke>
 3. Act FAST. Retrieved March 23, 2018 from <http://www.stroke.org/understand-stroke/recognizing-stroke/act-fast>
 4. Stroke Warning Signs and Symptoms. Retrieved March 22, 2018 from http://www.strokeassociation.org/STROKEORG/WarningSigns/Stroke-Warning-Signs-and-Symptoms_UCM_308528_SubHomePage.jsp