American Heart Association®

Don't Die of Doubt™

5 reasons hospitals are safe for heart, stroke emergencies — *even in the pandemic*

Although COVID-19 has changed the world, it hasn't changed the fact that hospitals are the safest place to be if there's a heart attack, stroke or other medical emergency.

Delaying the 911 call that gets you to the hospital can be dangerous — even deadly.

Here's why the coronavirus shouldn't make you hesitate or doubt you need emergency help.

1 Hospitals are following infection control protocols to sanitize, socially distance and keep infected people away from others.

2 Calling 911 immediately is still your best chance of surviving an emergency.

3 Year in and year out, heart disease and stroke are the top two killers worldwide.

4 Fast care is the key to survival.

5 Emergency room workers know what to do, even when things seem chaotic.

For more information, visit Heart.org/DontDieofDoubt