Kentucky CARES

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What is CARES?

CARES stands for Cardiac Arrest Registry to Enhance Survival

National Registry of out-of-hospital cardiac arrests (OHCA)

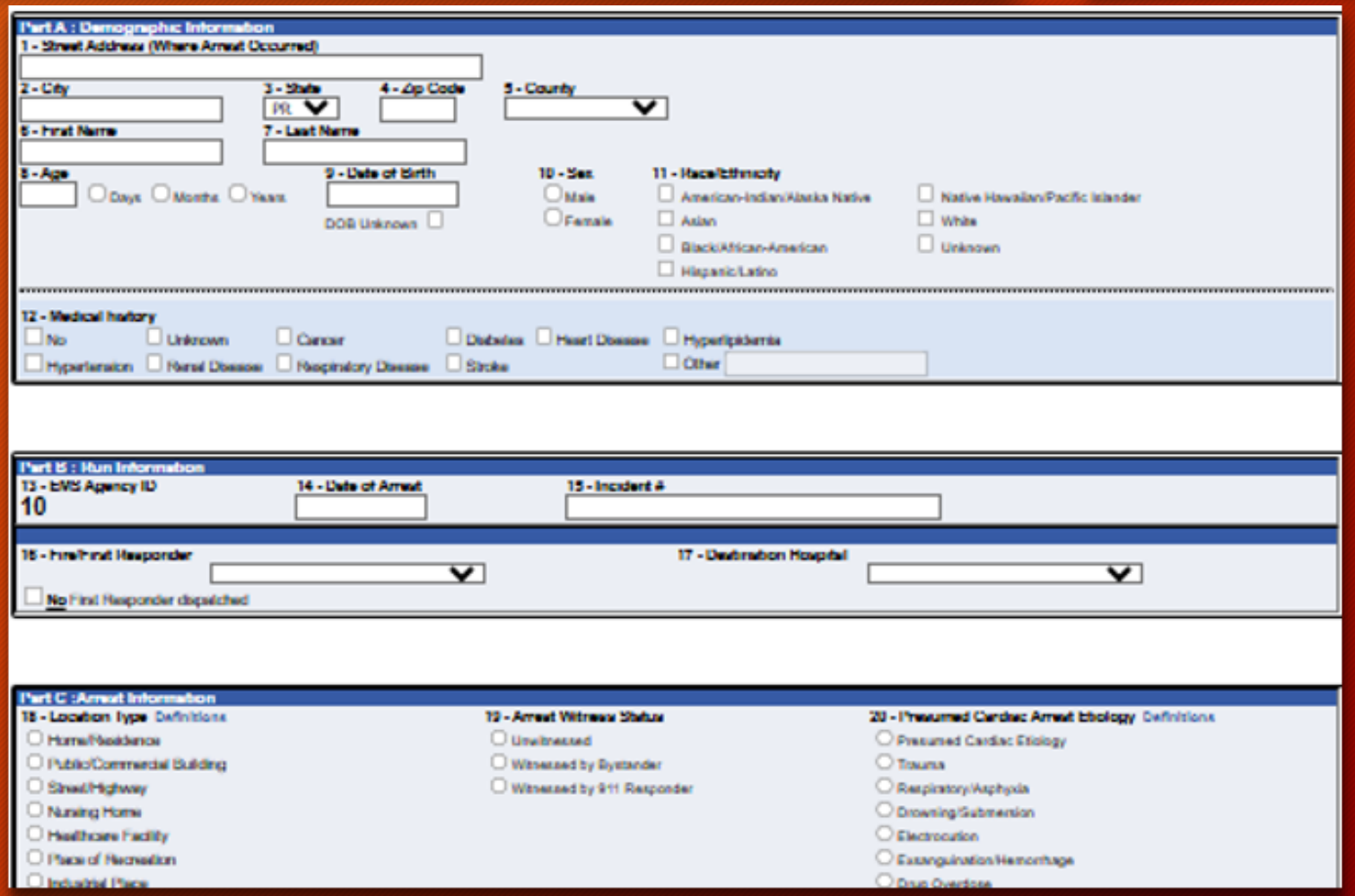
Utilizes an internet database system to help local EMS administrators and medical directors know when and where cardiac arrests occur, and who is affected.

Multiple reports can be generated for benchmarking or identifying problems within the totality of care.

The ultimate goal of CARES is to improve survival from sudden cardiac arrest.

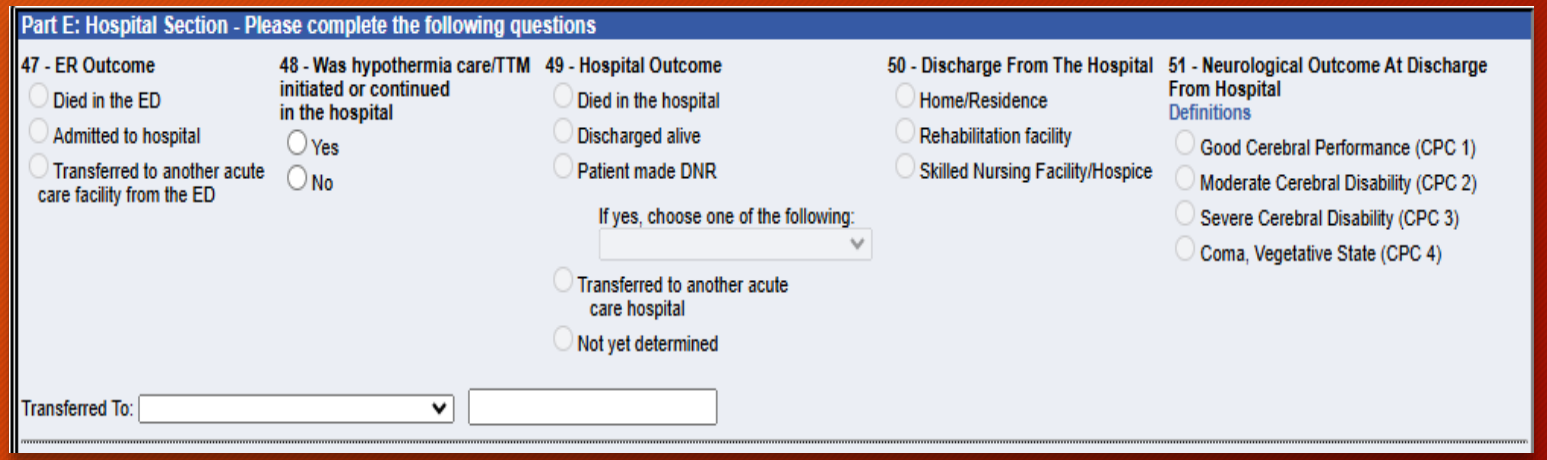
How Does CARES Work? (EMS)

- CARES Case Definition: A non-traumatic out-of-hospital cardiac arrest where resuscitation is attempted by a 911 Responder (CPR and/or defibrillation). This also includes patients that receive an AED shock by a bystander prior to the arrival of 911 Responders.
- Participating EMS agencies have their ePCRs automatically uploaded to CARES after they have been received into the state repository.
- If a patient is delivered to a hospital, and the destination hospital has been selected in the form, after it is saved the form will be sent to the selected hospital so that outcome data can be completed.



How Does CARES Work? (Hospital)

- Once a hospital has received a CARES form, a hospital contact will then fill out the remaining 1-5 questions of outcome data.
- Once saved the record is complete.

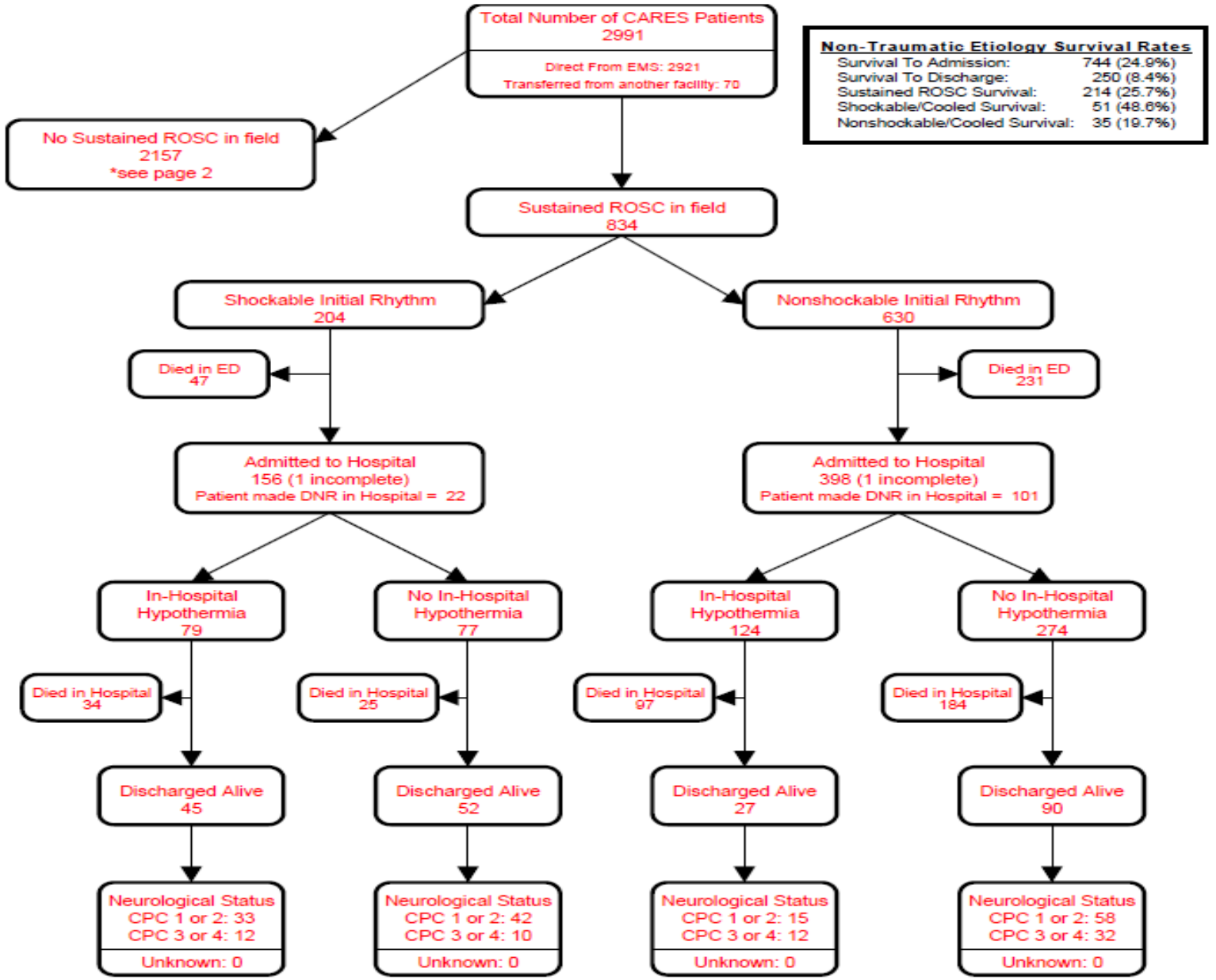


What reports can be generated?

- The CARES software has a multitude of reports and reporting options.
  - Utstein Survival Report
  - CARES Survival Report
  - CARES Summary Report
  - EMS CAD Times
  - Demographics
  - Hospital Survival Reports
  - CARES Hospital Benchmarking Reports

CARES Hospital Survival Report

Sample Report



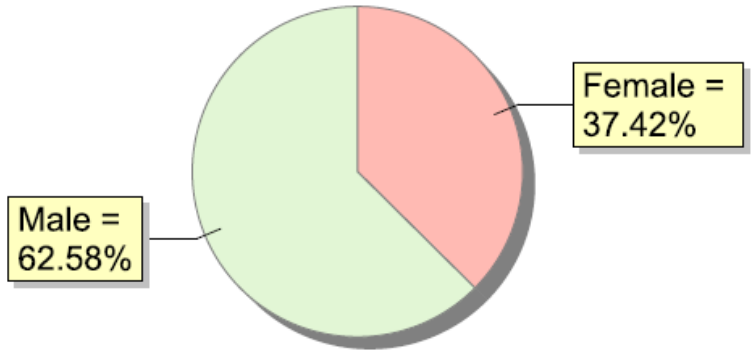
Non-Traumatic Etiology Survival Rates

Survival To Admission:	744 (24.9%)
Survival To Discharge:	250 (8.4%)
Sustained ROSC Survival:	214 (25.7%)
Shockable/Cooled Survival:	51 (48.6%)
Nonshockable/Cooled Survival:	35 (19.7%)

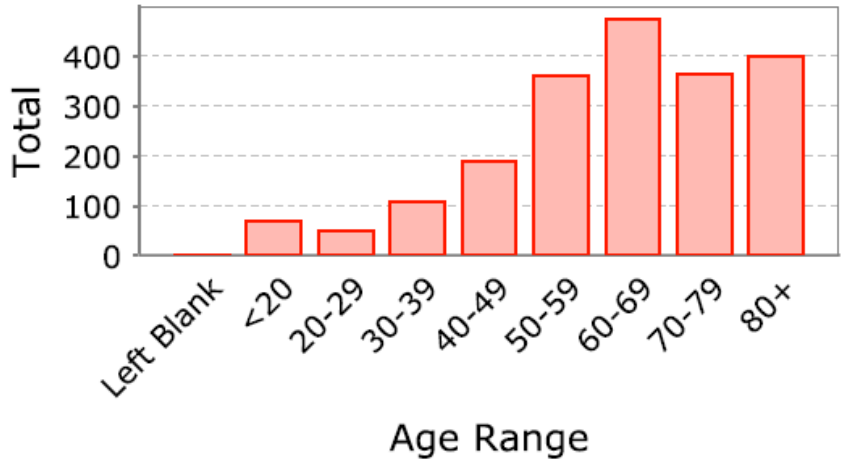
Demographics

Sample Report

Gender



Age



Mean Age: 62.4

Location Type	Count
Home/Residence	1420 - 70.5%
Nursing Home	195 - 9.7%
Public/Commercial Building	152 - 7.5%
Street/Hwy	97 - 4.8%
Healthcare Facility	92 - 4.6%
Place of Recreation	29 - 1.4%
Transport Center	14 - 0.7%
Industrial Place	14 - 0.7%
Other	2 - 0.1%

CARES Hospital Benchmarking Report (Non-Traumatic Etiology)

Sample Report

	Hospital	State	National
Total # of CARES Patients	311	2981	49779
Direct from EMS	310	2911	47421
Transferred from another facility	1	70	2358

In-Hospital Characteristics	Hospital Total (%)	Hospital Survived to Discharge (%)	State Total (%)	State Survived to Discharge (%)	National Total (%)	National Survived to Discharge (%)
Died in ED	227 (73.0)	--	2238 (75.1)	--	28016 (56.3)	--
Admitted to hospital	84 (27.0)	36 (42.9)	743 (24.9)	250 (33.6)	21764 (43.7)	8091 (37.2)
In-hospital hypothermia/TTM*	16 (19.0)	9 (56.2)	285 (38.4)	86 (30.2)	9835 (45.2)	3234 (32.9)
Patient made DNR*	23 (27.4)	4 (17.4)	166 (22.3)	22 (13.3)	5166 (23.7)	297 (5.7)
In-hospital mortality*	48 (57.1)	--	493 (66.4)	--	13673 (62.8)	--
Discharged alive	36 (11.6)	--	250 (8.4)	--	8091 (16.3)	--
Discharged with good/moderate CPC	18 (5.8)	--	167 (5.6)	--	6510 (13.1)	--

Pre-Hospital Characteristics	Hospital Total (%)	Hospital Survived to Admission (%)	Hospital Survived to Discharge (%)	State Total (%)	State Survived to Admission (%)	State Survived to Discharge (%)	National Total (%)	National Survived to Admission (%)	National Survived to Discharge (%)
	311	**84 (27.0)**	**36 (11.6)**	**2981**	**743 (24.9)**	**250 (8.4)**	**49779**	**21764 (43.7)**	**8091 (16.3)**
Gender									
Male	189 (60.8)	46 (24.3)	19 (10.1)	1706 (57.2)	391 (22.9)	139 (8.1)	30899 (62.1)	13357 (43.2)	5335 (17.3)
Female	122 (39.2)	38 (31.1)	17 (13.9)	1275 (42.8)	352 (27.6)	111 (8.7)	18874 (37.9)	8403 (44.5)	2756 (14.6)
Mean Age	60.8	--	--	61.3	--	--	60.9	--	--
Initial Rhythm									
Shockable	60 (19.3)	23 (38.3)	13 (21.7)	552 (18.5)	198 (35.9)	108 (19.6)	12155 (24.4)	6918 (56.9)	4157 (34.2)
Unshockable	251 (80.7)	61 (24.3)	23 (9.2)	2429 (81.5)	545 (22.4)	142 (5.8)	37611 (75.6)	14835 (39.4)	3924 (10.4)
Witnessed Status									
Unwitnessed	108 (34.7)	18 (16.7)	7 (6.5)	1496 (50.2)	273 (18.2)	63 (4.2)	19882 (39.9)	7198 (36.2)	1801 (9.1)
Bystander Witnessed	152 (48.9)	48 (31.6)	20 (13.2)	1111 (37.3)	333 (30.0)	134 (12.1)	21351 (42.9)	10648 (49.9)	4561 (21.4)
Witnessed by 911 Responder	51 (16.4)	18 (35.3)	9 (17.6)	374 (12.5)	137 (36.6)	53 (14.2)	8546 (17.2)	3918 (45.8)	1729 (20.2)
Sustained ROSC in field	116 (37.3)	71 (61.2)	32 (27.6)	832 (27.9)	554 (66.6)	214 (25.7)	24368 (49.0)	18147 (74.5)	7453 (30.6)
Hypothermia care initiated in the field	6 (1.9)	3 (50.0)	2 (33.3)	50 (1.7)	22 (44.0)	11 (22.0)	3050 (6.1)	1971 (64.6)	690 (22.6)
Utstein† Arrest	40 (12.9)	18 (45.0)	10 (25.0)	305 (10.2)	115 (37.7)	68 (22.3)	7385 (14.8)	4456 (60.3)	2780 (37.6)

Patients are included in the report of the final facility of care. Patients transferred out of your facility (from the ED or after hospital admission) are not included in this report. This report includes only those calls with completed hospital data.
CARES case: An out-of-hospital cardiac arrest where resuscitation is attempted by a 911 responder (CPR and/or defibrillation). This would also include patients that received an AED shock by a bystander prior to the arrival of 911 responders.
*Among admitted patients.
†Utstein patient: witnessed by bystander and found in a shockable rhythm.

Status of CARES in Kentucky

We currently have 35 EMS agencies participating in CARES.

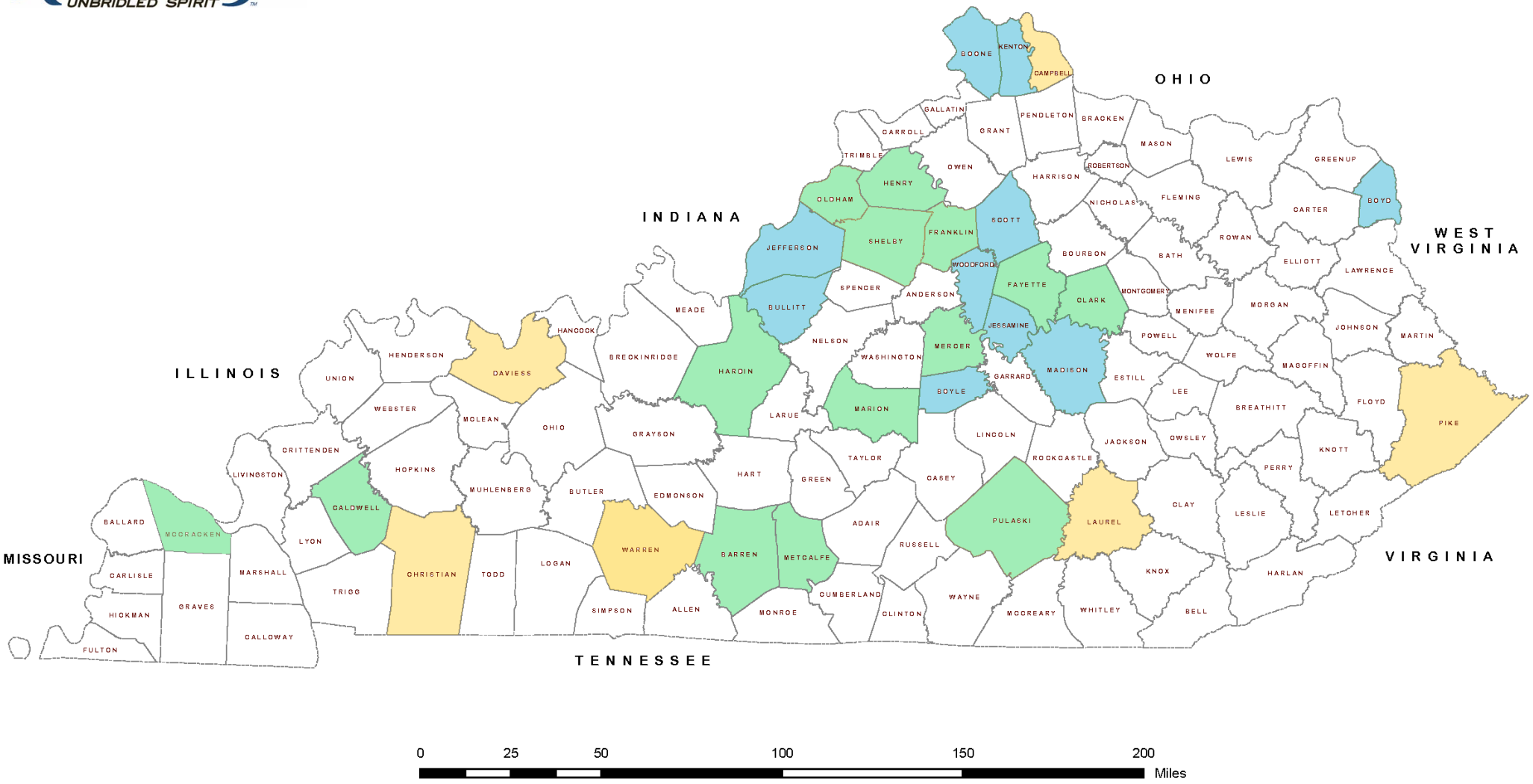
EMS participation is increasing rapidly

Had less than 20 participating in 2024

We currently have 28 Hospitals participating in CARES.

Hospital participation is also starting to increase rapidly

KENTUCKY COUNTIES



Importance of Participation

More participation = more complete picture of OHCA in Kentucky

Better data to show where we can improve

Hospital participation for outcomes is a high priority

How to Participate in CARES

CARES is FREE

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